

# STARS AND HEDIS QUICK REFERENCE GUIDE



The Healthcare Effectiveness Data and Information Set (HEDIS) is a tool that measures the annual performance of over 90% of America's health plans, including Medicare Advantage plans and providers.

**KEY:** ☉ Indicates triple weight measure

## ADULT BMI ASSESSMENT

**Age: 18 - 74**

✓ Record weight and BMI value in chart in measurement year or previous year.

**Exempt:** Pregnancy in current or previous year

## BREAST CANCER SCREENING

**Age: 52 - 74**

✓ Mammogram or digital breast tomosynthesis

**Exempt:** Bilateral mastectomy or two unilateral mastectomies

## CARE OF OLDER ADULTS

**The percentage of Medicare Advantage Special Needs Plan (SNP) enrollees age 66 and older who received the following annually:**

### Medication Review

✓ Conducted by a prescribing practitioner or clinical pharmacist and the presence of a medication list in the medical record

### Functional Status Assessment

- ✓ Assessment of at least 5 Activities of Daily Living (ADL) e.g. Bathing, dressing, walking
- ✓ Assessment of at least 4 Instrumental Activities of Daily Living (IADL) e.g. housework, home repair, taking medications
- ✓ Result of assessment using standardized status assessment tool (SF-36, Barthel Index, Katz Index,
- ✓ Assessment of 3 of 4 following components: Cognitive status, ambulation status, sensory ability (hearing, vision AND speech), and Other functional independence (e.g. exercise, ability to perform job)

### Pain Screening

- ✓ Pain screening, pain management plan, or pain thermometer
  - Assessment for pain (excludes chest pain)

## COLORECTAL CANCER SCREEN

**Age: 51 - 75**

**Any one of the following:**

- ✓ Colonoscopy: current year or 9 years prior
- ✓ Flexible Sigmoidoscopy: current year or 4 years prior
- ✓ iFOBT (FIT): current year
- ✓ CT Colonography: current year or 4 years prior
- ✓ Stool DNA FIT (eg. Cologuard): current year or 2 years prior (Barium Enema does not meet the measure)
  - **Exempt:** History of Colorectal Cancer diagnosis or history of total Colectomy

## RHEUMATOID ARTHRITIS MANAGEMENT - DMARD

**Age: 18 and older**

**Two or More Diagnoses of Rheumatoid Arthritis**

- ✓ Prescription filled for one of the following drug classes 5-Aminosalicylates, Alkylating agents, Aminoquinolines, Anti-rheumatics, Immunomodulators, Immunosuppressive agents, Tetracyclines, Janus Kinase Inhibitor

## OSTEOPOROSIS MANAGEMENT IN WOMEN WITH A FRACTURE

**Female Age: 67 - 85, fracture**

**One of the following within 6 months of fracture:**

- ✓ Bone Mineral Density (DXA)
- ✓ Medication to treat or prevent osteoporosis
  - Bisphosphonates
  - Other agents (Calcitonin, Denosumab, Raloxifene, Teraparotide)

## BLOOD PRESSURE CONTROL ☉

**Age: 18 - 85**

**Diagnosis of Hypertension**

- ✓ Patients with Hypertension
  - 18 - 59 years old - Goal 139/89
  - 60 - 85 years old - Goal 149/89
- ✓ Diabetics with Hypertension
  - 60 - 85 years old - Goal 139/89
- ✓ Last reading of the year
- ✓ Use the lowest systolic and lowest diastolic reading for multiple readings on the same visit

**Exempt:** Diagnosis of End-Stage Renal Disease (ESRD) or Kidney Transplant in member history, or Pregnancy in measurement year

## COMPREHENSIVE DIABETES CARE

**Inclusion Criteria for the CDC measures**

**Age: 18 - 75, with Type 1 or Type 2 Diabetes**

- ✓ Patient was dispensed insulin or hypoglycemics/antihyperglycemics
- ✓ Or two outpatient, observation, ED, or non-acute inpatient encounters with Dx of diabetes
- ✓ Or one acute inpatient encounter with Dx of diabetes

### A1c Control ☉

**3 Sources of non-compliance:**

1. No screening in the measurement year
2. Lab results not on file
3. Lab results received and above control range, >9
  - ✓ Last screening and associated value of the measurement year ≤ 9

### Diabetic Eye Exam

- ✓ Retinal exam during year or negative exam during year prior by eye care professional
- ✓ Document negative or no evidence of retinopathy in medical record and claims
- ✓ **Exempt:** Bilateral eye enucleation

### Kidney Disease Monitoring

- ✓ One of the following in the measurement year:
  - **Nephropathy Screen**  
Urine Protein Test in measurement year
  - **Evidence of Treatment for Nephropathy**  
Evidence of treatment for Nephropathy, including ACE/ARB and visit to a Nephrologist

## MEDICATION RECONCILIATION POST-DISCHARGE

**Age: 18 and older, discharged in measurement year**

- ✓ Documentation that discharge meds were reconciled with current med list.
- ✓ Current med list must be documented in record.