



NEXTCARE URGENT CARE CENTERS 1-888-381-4858

1 APACHE JUNCTION

2080 W. Southern Ave.
Suite A1
Apache Junction, AZ 85120
(Southern Ave. &
S. Ironwood Dr.)

2 AVONDALE

13075 W. McDowell Rd.
Suite D106
Avondale, AZ 85392
(McDowell Rd. & Dysart Rd.)

3 CHANDLER

600 S. Dobson Rd.
Suite C-26
Chandler, AZ 85224
(Dobson Rd. & W. Frye Rd.)

4 GLENDALE

18589 N. 59th Ave.
Suite 101
Glendale, AZ 85308
(59th Ave. & W. Union Hills Dr.)

5

10240 N. 43rd Ave.
Suite 3
Glendale, AZ 85302
(W. Peoria Ave. & N. 43rd Ave.)

6

9494 W. Northern Ave.
Suite 101
Glendale, AZ 85305
(Northern Ave. just east of 101)

7

5410 W. Thunderbird Rd.
Suite 101
Glendale, AZ 85306
(W. Thunderbird Rd. &
54th Ave.)

8 MESA

1066 N. Power Rd.
Suite 101
Mesa, AZ 85205
(N. Power Rd. & E. Brown Rd.)

9

3130 E. Baseline Rd.
Suite 105
Mesa, AZ 85204
(E. Baseline west of
Val Vista Dr.)

10

4401 E. McKellips Rd.
Suite 102
Mesa, AZ 85215
(E. McKellips Rd. &
Greenfield Rd.)

11

535 E. McKellips Rd.
Suite 101
Mesa, AZ 85203
(Mesa Dr. & E. McKellips Rd.)

12 PEORIA

20470 N. Lake Pleasant Rd.
Suite 102
Peoria, AZ 85382
(N. Lake Pleasant Rd. &
W. Beardsley Rd.)

13 PHOENIX

3229 E. Greenway Rd.
Suite 102
Phoenix, AZ 85032
(E. Greenway Rd. & 32nd St.)

14

5920 W. McDowell Rd.
Phoenix, AZ 85035
(59th Ave. & W. McDowell Rd.)

15

1701 E. Thomas Rd.
Suite A-104
Phoenix, AZ 85016
(E. Thomas Rd. & 16th St.)

16

20950 N. Tatum Blvd.
#190
Phoenix, AZ 85050
(Tatum Blvd. just north
of the 101)

17

4730 E. Indian School Rd.
#211
Phoenix, AZ 85018
(Indian School Rd.
just west of 48th St.)

18

8101 N. 19th Ave.
Suite A
Phoenix, AZ 85021
(N. 19th Ave &
W. Northern Ave.)

19 SCOTTSDALE

7425 E. Shea Blvd.
Suite 108
Scottsdale, AZ 85260
(E. Shea Blvd. & 74th St.)

20 SUN CITY

9745 W. Bell Rd.
Suite 105
Sun City, AZ 85351
(N. 98th Ave. & W. Bell Rd.)

21 SURPRISE

14800 W. Mountain View Blvd.
Suite 190
Surprise, AZ 85374
(W. Mountain View Blvd. &
N. Reems Rd.)

22 TEMPE

914 N. Scottsdale Rd.
Tempe, AZ 85281
(N. Scottsdale Rd. &
E. Curry Rd.)

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As of the publication, Cigna Medicare Advantage plans are offered to employers and individuals in Maricopa County, Pima County and certain Zip codes within Pinal County, Arizona.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments and restrictions may apply. Benefits, premium and copayments may change on January 1 of each year. The provider network may change at any time. You will receive notice when necessary.

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Cigna-HealthSpring is contracted with Medicare for PDP plans, HMO and PPO plans in select states and with select state Medicaid programs. Enrollment in Cigna-HealthSpring depends on contract renewal.

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URGENT CARE CENTERS



Immediate treatment and care - when your doctor isn't in.

YOU ARE A PRIORITY

Day and night

We understand that you get sick, accidents happen, and health concerns can arise at any time. That's why Cigna has options for who to call and where to go to meet your health care needs.

YOUR CHOICES FOR CARE

Your doctor's office

Contact your Primary Care Doctor for minor injuries, routine exams or common illnesses. When you visit your doctor, a care team will be able to help manage and monitor your health.

Call your doctor for the following:

- ▶ Everyday illnesses like cough, cold, flu, fever, sore throat, rash, earache, headache and stomachache.
- ▶ Minor cuts and burns, bruises, minor broken bones, sprains, strained muscles and back pain.
- ▶ Routine exams include your 360 Annual Wellness exam, vaccinations, medication review, prescription refills and advice.

Urgent Care

If you are unable to get an appointment with your doctor, an urgent care center can deliver prompt medical attention for common medical issues. Urgent Care Centers may be open earlier and/or later than your doctor's office, and you're likely to spend less time waiting and can save money compared to an emergency room.

Some examples include:

- ▶ Cough, cold, flu, fever, and sore throat
- ▶ Earache, headache, and stomachache, minor cuts and burns, bruises, minor broken bones
- ▶ Sprains, strains and back pain
- ▶ Ear or eye infections

Average urgent care center cost:¹ **\$127**

Average hospital ER cost:¹ **\$2,047**

Note: Urgent care is not appropriate for emergencies.

Emergency care

If you believe that the situation needs to be treated right away or it could result in loss of life or serious complications, it is likely an emergency. Examples include:

- ▶ Uncontrolled bleeding
- ▶ Shortness of breath
- ▶ Loss of consciousness
- ▶ Broken bones
- ▶ Chest pain

In an emergency, go directly to the nearest emergency room or call 911.

Be sure to contact your Primary Care Doctor as soon as reasonably possible for further assistance and directions on follow-up care.

Cigna Telehealth Connection

Take control of your health when, where and how it best works for you - day or night; from home, work or on-the-go. Whether you're sick or don't have time to wait for a doctor's appointment, get access to care for non-life-threatening conditions. All this, with a click of a button, you can talk to a board-certified doctor. Fast, convenient and less expensive than an emergency room, urgent care, and in some cases less than an office visit.¹



Get immediate treatment for non-life-threatening illness and injuries. Nights. Weekends. Holidays.

1. Cost estimates are Arizona Market 2015 averages; actual costs may vary by location, facility, and the type or level of services received.

Together, all the way.®



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Cigna Medical Group Urgent Care Centers



GLENDALE PASEO URGENT CARE CENTER

5891 W. Eugie Ave.
Glendale, AZ 85304
602-588-6725

Open 7 am-midnight Mon.-Fri.
8 am-midnight Sat., Sun., holidays



PHOENIX PHOENIX CENTRAL URGENT CARE CENTER

3003 N. 3rd St.
Phoenix, AZ 85012
602-282-9848

Open 8 am-8 pm Mon.-Fri.
8 am-6 pm Sat., Sun., holidays



MESA STAPLEY URGENT CARE CENTER

1840 S. Stapley Dr. #101
Mesa, AZ 85204
480-464-6969

Open 7 am-midnight Mon.-Fri.
8 am-midnight Sat., Sun., holidays



SUN CITY SUN CITY URGENT CARE CENTER

9069 W. Thunderbird Rd.
Peoria, AZ 85381
623-876-2800

Open 8 am to 6 pm, seven days a week

Additional Urgent Care centers are available in the Cigna Medicare Advantage network.

Please check your directory for additional locations.

Location map:

Cigna Medical Group Urgent Care Centers

NEXTCARE URGENT CARE CENTERS

