



2021 Medicare Advantage Clinical Practice Guidelines

Atrial Fibrillation	American Heart Association (AHA) 2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation https://www.ahajournals.org/doi/10.1161/CIR.0000000000000665	
	American College of Chest Physicians (CHEST) Antithrombotic Therapy for Atrial Fibrillation American College of Chest Physicians Evidence-Based Clinical Practice Guidelines Erratum to: <i>CHEST</i> 2019;155(3):565-586 January 1, 2021 Therapy for Pulmonary Arterial Hypertension in Adults: Update of the CHEST Guideline and Expert Panel Report, March, 2019 https://doi.org/10.1016/J.CHEST.2018.07.040 https://doi.org/10.1016/j.chest.2020.11.021	
Back Pain	American College of Physicians Clinical Guidelines & Recommendations, Low Back Pain Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians, April 2017 https://www.acponline.org/clinical-information/guidelines http://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice	
Chronic Kidney Disease	Kidney Disease – (KDIGO) KDIGO 2020 Clinical Practice Guideline for Diabetes Management in Chronic Kidney Disease) https://doi.org/10.1016/J.KINT.2020.06.019	
COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD) 2020 Global Strategy for Prevention, Diagnosis and Management of COPD https://goldcopd.org/gold-reports/	

Cardiovascular Disease	American Heart Association (AHA) 2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease	http://circ.ahajournals.org/content/130/19/1749.full.pdf+html
	American Heart Association (AHA) 2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the diagnosis and management of patients with stable ischemic heart disease.	Correction - https://www.ahajournals.org/doi/10.1161/CIR.000000000000033
	American Heart Association (AHA) – American College of Cardiology Foundation (ACCF) AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update	Correction - https://www.ahajournals.org/doi/10.1161/CIR.0b013e3182a77a15
Diabetes	American Diabetes Association (ADA) Professional Practice Committee: <i>Standards of Medical Care in Diabetes—2021</i>	Professional Practice Committee: Standards of Medical Care in Diabetes—2021 Diabetes Care (diabetesjournals.org)
Falls	The American Geriatrics Society (AGS) ABS/BGS Clinical Practice Guideline: Prevention of Falls in Older Persons, Oct 2010	https://www.archcare.org/sites/default/files/pdf/2010-prevention-of-falls-in-older-persons-ags-and-bgs-clinical-practice-guideline.pdf
CHF	American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America 2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America	Focused Update - https://www.jacc.org/doi/full/10.1016/j.jacc.2017.04.025



Hypertension	ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines, 2017	Correction - https://www.jacc.org/doi/10.1016/j.jacc.2018.03.016
Osteoporosis	National Osteoporosis Foundation (NOF) NOF Response to the Newly Published "Treatment of Low Bone Density or Osteoporosis to Prevent Fractures in Men and Women: A Clinical Practice Guideline Update from the American College of Physicians" (ACP)	https://www.nof.org/news/nof-response-newly-published-treatment-low-bone-density-osteoporosis-prevent-fractures-men-women-clinical-practice-guideline-update-american-college-phys/
Myocardial Infarction	American College of Cardiology (ACC) – American Heart Association (AHA) 2017 AHA/ACC Clinical Performance and Quality Measures for Adults With ST-Elevation and Non-ST-Elevation Myocardial Infarction: A Report of the American College of Cardiology/American Heart Association Task Force on Performance Measures	https://www.ahajournals.org/doi/10.1161/HQ.000000000000032
	American College of Cardiology (ACC) – American Heart Association (AHA) 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction	Focused Update - https://www.ahajournals.org/doi/10.1161/CIR.000000000000036 Executive summary: http://circ.ahajournals.org/content/127/4/529.full.pdf+html
	American College of Cardiology (ACC) 2017 ACC/AHA/HFSA Focused Update Guideline for the Management of Heart Failure	https://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/04/27/15/50/2017-acc-aha-hfsa-focused-update-of-hf-guideline
Preventive Care	Agency for Healthcare Research and Quality (AHRQ) - U.S. Preventive Services Task Force (USPSTF) The Guide to Clinical Preventive Services 2014	http://www.ahrq.gov/sites/default/files/wysiwyg/professionals/clinicians-providers/guidelines-recommendations/guide/cpsguide.pdf
	Centers for Disease Control and Prevention (CDC) Recommended Adult Immunization Schedule for ages 19 years or older, United States, 2021	https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fschedules%2Fhcp%2Fadult.html



Depression	American Psychiatric Association (APA) Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts American Psychological Association Guideline Development Panel for the Treatment of Depressive Disorders	https://www.apa.org/depression-guideline/guideline.pdf
	U.S. Preventive Services Task Force (USPSTF) Screening for Depression in Adults: USPSTF Recommendation Statement, January 2016	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-adults-screening1
Substance Use Disorder	American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients With Substance Use Disorders, 2018 update	https://www.psychiatry.org/newsroom/news-releases/apa-releases-new-practice-guideline-on-treatment-of-alcohol-use-disorder

The Clinical Practice Guidelines were adopted February 22, 2016 and Medicare Medicaid Plans were incorporated October 14, 2016. Guidelines were reapproved: April 15, 2019. Guidelines were revised and approved on March 2, 2020. Guidelines were revised and approved by NPAC, a committee comprised of external providers, on March 23, 2021.

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