

HEDIS QUICK REFERENCE GUIDE

The Healthcare Effectiveness Data and Information Set (HEDIS) is a tool that measures the annual performance of over 90% of America's health plans, including Medicare Advantage plans and providers.



ADULT BMI ASSESSMENT

Age: 18 - 74

- ✓ Record weight and BMI value in chart in measurement year or previous year.
- Exempt:** Pregnancy in current or previous year

BREAST CANCER SCREENING

Age: 52 - 74

- ✓ Mammogram or digital breast tomosynthesis in measurement year or previous year
- Exempt:** Bilateral mastectomy or two unilateral mastectomies

CARE OF OLDER ADULTS

The percentage of Medicare Advantage Special Needs Plan (SNP) enrollees age 66 and older who received the following annually:

Medication Review

- ✓ Conducted by a prescribing practitioner or clinical pharmacist and the presence of a medication list in the medical record

Functional Status Assessment

- ✓ Assessment of at least 5 Activities of Daily Living (ADL) e.g. bathing, dressing, walking, eating, continence
- ✓ Assessment of at least 4 Instrumental Activities of Daily Living (IADL) e.g. housework, home repair, taking medications
- ✓ Result of assessment using standardized status assessment tool (SF-36, Barthel Index, Katz Index)
- ✓ Assessment of 3 of 4 following components: Cognitive status, ambulation status, sensory ability (hearing, vision AND speech), and Other functional independence (e.g. exercise, ability to perform job)

Pain Screening

- ✓ Pain screening, pain management plan, or pain thermometer
 - Assessment for pain (excludes chest pain)

COLORECTAL CANCER SCREEN

Age: 51 - 75

Any one of the following:

- ✓ Colonoscopy: current year or 9 years prior
 - ✓ Flexible Sigmoidoscopy: current year or 4 years prior
 - ✓ iFOBT (FIT): current year
 - ✓ CT Colonography: current year or 4 years prior
 - ✓ Stool DNA FIT (eg. Cologuard): current year or 2 years prior
- Exempt:** History of Colorectal Cancer diagnosis or history of total Colectomy

RHEUMATOID ARTHRITIS MANAGEMENT - DMARD

Age: 18 and older

Two or More Diagnoses of Rheumatoid Arthritis

- ✓ Prescription dispensed for medication to treat rheumatoid arthritis during measurement year
 - DMARD class includes: 5-Aminosalicylates, alkylating agents, aminoquinolines, anti-rheumatics, immunomodulators, immunosuppressive agents, tetracyclines, and janus kinase inhibitors

Exempt: HIV or Pregnancy

STATIN THERAPY FOR PATIENTS WITH CARDIOVASCULAR DISEASE

Age: Males 21-75, Females 40-75

Both of the following:

- ✓ Prescription dispensed for at least one statin during measurement year
- ✓ 80% statin adherence during measurement year

OSTEOPOROSIS MANAGEMENT IN WOMEN WITH A FRACTURE

Female Age: 67 - 85, fracture

One of the following within 6 months of fracture:

- ✓ Bone Mineral Density (DXA)
- ✓ Prescription dispensed for medication to treat or prevent osteoporosis
 - Bisphosphonates
 - Other agents (Alendronate, Denosumab, Raloxifene, Teriparatide)

BLOOD PRESSURE CONTROL ③

Age: 18 - 85

Diagnosis of Hypertension

- ✓ Last reading of the year < 140/90 (Goal 139/89)
- ✓ Use the lowest systolic and lowest diastolic reading for multiple readings on the same visit

Exempt: Diagnosis of End-Stage Renal Disease (ESRD) or Kidney Transplant in member history, dialysis, Pregnancy in measurement year, or non-acute inpatient admission

COMPREHENSIVE DIABETES CARE

Inclusion Criteria for the CDC measures

Age: 18 - 75, with Type 1 or Type 2 Diabetes

- ✓ Patient was dispensed insulin or hypoglycemics/antihyperglycemics
- ✓ Or two outpatient, observation, ED, or non-acute inpatient encounters with Dx of diabetes
- ✓ Or one acute inpatient encounter with Dx of diabetes

A1c Control ③

3 Sources of non-compliance:

1. No screening in the measurement year
 2. Lab results not on file
 3. Lab results received and above control range, >9
- ✓ Last screening and associated value of the measurement year ≤ 9

Diabetic Eye Exam

- ✓ Retinal or dilated eye exam completed by eye care professional in current year
- ✓ Negative retinal exam or no evidence of retinopathy documented in prior year or current
- ✓ Bilateral eye enucleation in current year (meets numerator)

Exempt: No diabetes or diagnosis of gestational diabetes

Kidney Disease Monitoring

- ✓ One of the following in the measurement year:
 - Urine Protein Test
 - ACE/ARB Therapy
 - Visit to Nephrologist
 - Evidence of treatment for nephropathy

TRANSITIONS OF CARE

Age: 18 and older, discharged in measurement year

- ✓ Notification of Inpatient Admission: PCP or ongoing care provider notified on day of or day after admission
- ✓ Receipt of Discharge Information: PCP or ongoing care provider receives discharge info on day of or day after discharge
- ✓ Patient Engagement: Patient engaged by provider within 30 days of discharge (phone or face to face)
- ✓ Medication Reconciliation Post-Discharge: Documentation that discharge meds were reconciled with current med list present in record

KEY: ③ Indicates triple weight measure

Important Note for BCS, COL, CDC, ART, CBP, and OMW

Exempt: Members in I-SNP or hospice, or with documented frailty and/or advanced illness