

## IMPORTANT NOTIFICATION

**TO:** Primary Care Physicians  
**FROM:** Cigna Medicare HEDIS & Quality Team  
**DATE:** September 2020  
**RE:** HEDIS/Star/P4Q Measure Controlling High Blood Pressure (CBP)

Recently, the National Committee for Quality Assurance (NCQA) released the HEDIS Measure Year 2020 and 2021 specifications. With this release, NCQA made updates to the Controlling High Blood Pressure (CBP) measure to address the impact of reduced in-office visits and increased synchronous and asynchronous telehealth visits due to the COVID-19 pandemic.

### What this means to you:

The revised CBP specifications now allow for the use of patient-reported blood pressures as long as they are taken by a digital device. Providers should document any blood pressures received from a patient in their medical record. Providers can also report these blood pressures via claims using the codes outlined in the table below.

| Claims Codes Accepted for HEDIS Blood Pressure Compliance |              |                         |             |
|---|--------------|-------------------------|-------------|
| Systolic < 130  | <b>3074F</b> | Systolic compliant      | CPT II Code |
| Systolic 130-139  | <b>3075F</b> | Systolic compliant      | CPT II Code |
| Systolic ≥ 140  | <b>3077F</b> | Systolic non-compliant  | CPT II Code |
| Diastolic <80   | <b>3078F</b> | Diastolic compliant     | CPT II Code |
| Diastolic 80-89   | <b>3079F</b> | Diastolic compliant     | CPT II Code |
| Diastolic ≥ 90  | <b>3080F</b> | Diastolic non-compliant | CPT II Code |
| Systolic ≥ 140  | <b>G8752</b> | Systolic non-compliant  | HCPCS Code  |
| Systolic < 140  | <b>G8753</b> | Systolic compliant      | HCPCS Code  |
| Diastolic ≥ 90  | <b>G8754</b> | Diastolic non-compliant | HCPCS Code  |
| Diastolic < 90  | <b>G8755</b> | Diastolic compliant     | HCPCS Code  |

Providers experienced CBP rates that were 8.1% and one Star rating higher on average when they reported blood pressure values using these codes for at least 60% of their Cigna patients in 2019.

### Guidelines:

- The last blood pressure reading of the measurement year received via claims or supplemental data feed is the representative blood pressure.
  - If the final reading is below target of <140/90, then the patient is compliant.
  - If the final reading is ≥140/90 or there is no final reading, Cigna may pursue additional documentation on the customer during the annual HEDIS Medical Record Review project
- The representative blood pressure must be on or after the date of the 2<sup>nd</sup> diagnosis of hypertension in the measurement year or year prior in order to count for the measure.
- Multiple blood pressure readings from the same date of service are still allowable. Submit the lowest systolic and lowest diastolic readings.

### The following types of blood pressures cannot be used for this measure:

- Patient-reported blood pressures taken using a non-digital device (Ex: a manual blood pressure cuff and stethoscope)
- Blood pressures taken the same day as a diagnostic or therapeutic procedure that requires a change in diet or medication (with the exception of fasting blood tests)
- Blood pressures taken during an acute inpatient stay or emergency department visit

Contact your Network Operations Representative or [StarQualityPartners@Cigna.com](mailto:StarQualityPartners@Cigna.com) for more information.

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