2020 HEDIS® Measure
Comprehensive Diabetes Care

Updated Information for Medicare Advantage Comprehensive Diabetes Care (CDC)

Your practice may have received a Cigna HEDIS Provider Partnership Guide in past years. The information provided below has been updated. Please retain this flyer for future reference.

Following is updated information for Cigna Medicare Advantage.

What has changed for CDC

This measure examines the percentage of members ages 18-75 with diabetes (Type 1 and Type 2) who had each of the following:

- Hemoglobin A1C testing
- Retinal eye exam
- Medical attention for nephropathy
- Blood pressure control (<140/90)

Medical record documentation includes

- Hemoglobin A1C testing
  - Lab results report indicating the most recent date of service
- Retinal eye exam
  - A retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist) in measurement year
  - A negative (for retinopathy) retinal or dilated eye exam by an eye care professional in prior measurement year
  - Bilateral eye enucleation any time during the member's history
- Medical attention for nephropathy
  - Urine Protein Test
  - ACE/ARB Therapy
  - Visit to Nephrologist
  - Evidence of treatment for nephropathy
- Blood pressure control (<140/90)
  - Last reading of the year <140/90 (Goal 139/89)

Codes include

- Hemoglobin A1C testing
  - 3044F - Most recent HbA1c level less than 7.0%
  - 3046F - Most recent HbA1c level greater than 9.0%
  - 3051F - Most recent HbA1c level >= 7.0% and <8.0%
  - 3052F - Most recent HbA1c level >=8.0% and <=9.0%
Retinal eye exam
- 3072F - Low risk for retinopathy (no evidence of retinopathy in the prior year)
  - Note: This code can be filed by any provider type without a face-to-face visit.
- 2019F - Dilated macular or fundus exam done
- 2022F - Dilated retinal eye exam interpreted by ophthalmologist/optometrist documented/reviewed
- 2023F - Dilated retinal eye exam interpreted by ophthalmologist/optometrist documented/reviewed; without evidence of retinopathy
- 2024F - 7 standard field stereoscopic photos w/ interpretation by eye care professional documented and reviewed
- 2025F - 7 standard field stereoscopic photos w/ interpretation by eye care professional documented/reviewed; without evidence of retinopathy
- 2026F - Eye imaging validated to match diagnosis from 7 standard stereoscopic photos results documented/reviewed; with evidence of retinopathy
- 2033F - Eye imaging validated to match diagnosis from 7 standard field stereoscopic photo results documented/reviewed; without evidence of retinopathy

Medical attention for nephropathy
- 3060F - Positive microalbuminuria test documented and reviewed
- 3061F - Negative microalbuminuria test documented and reviewed
- 3062F - Positive microalbuminuria test result documented and reviewed (confirm + with lab results)
- 3066F - Documentation of treatment for nephropathy (dialysis, ESRD, CRF, ARF, renal insufficiency, nephrologist visit)
- 4010F - ACE or ARB therapy prescribed or currently being taken

Blood pressure control <140/90
- 3074F - Most recent systolic blood pressure less than 130 mm Hg
- 3075F - Most recent systolic blood pressure 130-139 mm Hg
- 3077F - Most recent systolic blood pressure greater than 140 mm Hg
- 3078F - Most recent diastolic blood pressure less than 80 mm Hg
- 3079F - Most recent diastolic blood pressure 80-89 mm Hg
- 3080F - Most recent diastolic blood pressure greater than 90 mm Hg

Tips to improve this measure
- Document and code screenings completed with date and results
- Educate patients of the need for screening
- Review and document patient history annually regarding screenings

Questions or comments? If you have any questions, please contact your Network Operations Representative.