

BEHAVIORAL HEALTH SERVICES PRIOR AUTHORIZATION POLICY

Cigna Medicare Providers' Guide 2020

At Cigna, we're pleased to work with providers who share our commitment to quality care. Together, we're making great strides toward improving the health, well-being and peace of mind of those we serve.

Cigna Medicare Prior Authorization (PA) policy for dates of service on or after January 1, 2020.

- › Obtain PA before rendering services that require PA.
- › Notification is required within 24 hours of admission.
- › Always verify benefits, as they vary between plans.
- › PA isn't a guarantee of benefits or payment at time of service.
- › Clinical staff is available to help with notification and prior authorization requests 24/7.

PA is required for the following procedures and services:

- ✓ **Admissions**
Including Inpatient Mental Health and Inpatient Detoxification
- ✓ **Partial Hospitalization Program (PHP)**
Including Mental Health and Substance Use
- ✓ **Electroconvulsive Therapy (ECT)**
- ✓ **Psychological Testing**

PA is not required for the following outpatient services:

CPT CODE	DESCRIPTION	Report with Psychotherapy Add-On Codes
90791	Psychiatric diagnostic evaluation (no medical services)	
90792 (or New Patient E & M codes)	Psychiatric diagnostic evaluation with medical services	
<u>Outpatient</u> 99201-99205 99211-99215	New Patient Visit (10–60 min) Established Patient (5–25 min)	Psychotherapy Add-On Codes (when appropriate):
<u>Nursing Facility</u> 99304-99306 99307-99310	New Patient Visit (10–45 min) Established Patient (10–35 min)	90833: 30 min 90836: 45 min 90838: 60 min
90832	Psychotherapy (30 min)	
90834	Psychotherapy (45 min)	
90837	Psychotherapy (60 min)	
90846	Family Psychotherapy (without patient present)	
90847	Family Psychotherapy (with patient present)	
90853	Group Psychotherapy (other than of a multiple-family group) Physician's Office Only ~ Facilities Require Prior Authorization.	
Q3014	Telehealth	

Note: Any service not listed will continue to utilize the standard PA process.

Behavioral Health/Substance Use Disorders Cigna Network (Please call for authorizations)

- › Call 1-866-780-8546
- › Fax 1-866-949-4846

